

5K-9 Run/Walk

Where & When

Saturday, March 9, 2019
Next to the Courtyard Marriott
Library Drive
Houma, LA

Starting Time

Registration begins at 8:00am
1/2 mile run/walk begins at 9:00am
5K begins at 9:30am

Run/Walk Entry Fees

\$20 registered by March 1, 2019
\$25 registered on race day

\$15 for 1/2 mile **only** registered by March 1, 2019

\$20 for 1/2 mile **only** registered on race day

Entry fee includes shirt and food/drink/
event tickets)

Entry Fee Made To

Friends of Terrebonne Animal Shelter
P. O. Box 3408
Houma, LA 70361

Mail in a copy of current vaccination record
for each dog participant with application.

*Proceeds benefit the homeless animals of
Terrebonne Parish.*

Who do I contact for more info?

Rachel Brunet (985) 637-0295
Layla Foret (985) 981-0457
ftasinfo@gmail.com



2019 Annual 5K-9 Run/Walk

Awards

1/2 Mile Run/Walk

1st and 2nd overall for runner/K-9 teams

5K Runners

1st & 2nd overall for runner/K-9 teams

1st & 2nd in following age groups (males/females):

14 and under, 15-19, 20-29, 30-39,
40-49, 50-59, 60+

5K Walkers

1st, 2nd overall for walker/K-9 teams

1st, 2nd overall for walkers

Post Race

Music by: K & M Mobile Music
Food, drinks, beer, sweets

Free Admission. Ticket sales (food/drink/activities)

**Tagged, leashed and vaccinated friendly
dogs welcomed.**

Registration Form (Please Print Clearly)

Name: _____
Ad-
dress: _____
City: _____ State _____ Zip _____
Phone No: (____) _____ Age on Race day _____
Email Address: _____

Dog's Name _____ Breed _____ Age _____

Circle: 5K Runner 5K Walker 1/2 mile run/walk

Sex: M or F Shirt size: YS YM YL S M L XL

Entry Fee Amount Enclosed \$ _____

Checks payable to:

Friends of Terrebonne Animal Shelter

I understand that my consent to these provisions is given in consideration for being permitted to participate in this Event; I may be removed from this competition if I do not follow all the rules of this Event; and I am a voluntary participant in the Event. I am in good physical condition and am solely responsible for my personal health, safety and personal property. I know that this road race event is a potentially hazardous activity and I hereby voluntarily assume full and complete responsibility for, and the risk of any injury or accident that may occur during my participation in this event (including, but not limited to, my fundraising activities associated with the event) or while on the event premises (collectively, "my Participation"). To the fullest extent of the law, I, for myself, my next of kin, my heirs, administrators, and executors (collectively, "releasers"), hereby release and hold harmless and covenant not to file suit against Split Second, LLC, Friends of the Terrebonne Animal Shelter, Houma Police Dept, South Louisiana Wetlands Discovery Center, Terrebonne Parish Consolidated Government, and any sponsors of this race, and their respective directors, officers, volunteers, agents and employees; any event sponsors; and all other persons or entities associated with this event (collectively, the "releasees") for any injury or damages I might suffer in connection with my participation. This release applies to any and all loss, liability, or claims I or my releasers may have arising out of my participation, including but not limited to, personal injury or damage suffered by me or others, whether such losses, liabilities, or claims be caused by falls, contact with and/or the actions of other participants, contact with fixed or non-fixed objects, contact with animals, conditions of the event premises, negligence of the releasees, risks not known to me or not reasonably foreseeable at this time, or otherwise. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purposes.

Signature: _____ Date: _____
(Signature of parent if under 18)

**Run/Walk hosted by:
Split Second, LLC**