



# DON'T LET THE FLU RUIN YOUR PLANS.

Get your *flu* AND **COVID** shots.

## Vaccination Event

Wednesday, Oct. 25, 2023

8 am - 5:30 pm

### Terrebonne Parish Health Unit

600 Polk St., Houma, LA

No-cost flu and Mpox vaccinations

No-cost COVID vaccinations for  
under-insured and uninsured

**FOR WOMEN 35-64: WISEWOMAN**  
Program no-cost screenings

- Free heart health screenings
- \$50 food card vouchers
- Gym/health center memberships (restrictions apply)
- No appointment necessary

WELL-AHEAD

WISE  
Woman

Free and open to the public  
Walk-ups welcome  
If you have one, bring your health insurance card (private, Medicaid or Medicare)  
Wear a short-sleeve or loose-fitting long-sleeve shirt

