



A day of wellness all about **YOU**

Thursday, February 8
9 a.m. to 2 p.m.

Terrebonne Parish Health Unit
600 Polk St., Houma

Call (985) 857-3601 for more information



Stop by for free and low-cost health services including:

- TB screening and resources
- Flu, COVID and other vaccines
- Free COVID home test kits and information
- STI screening
- Mammograms by Woman's Hospital
- Blood pressure screenings
- Opioid and Narcan information
- CPR and Stop the Bleed demonstrations
- Colorectal and breast cancer screenings by Mary Bird Perkins Cancer Center - for more information call (985) 239-5739