

Get your **GLO** on
at the

NIGHTLIGHT DASH



SATURDAY, FEBRUARY 24th

6 pm to 9 pm | Downtown Houma

FUN NIGHT TIME 5K GLOW
RUN FOR THE ENTIRE
FAMILY!

WEAR YOUR COOLEST
NEON ATTIRE AND GLOW
ACCESSORIES!

DASH THROUGH THE
ILLUMINATED ROUTE
AROUND DOWNTOWN
HOUMA!

Proceeds from this event will
benefit The Foundation for TGMC
to provide free cardiac screenings.

REGISTRATION IS OPEN
TO ALL RUNNERS!

EARLY BIRD TICKETS ARE
\$25 PER PERSON THROUGH
JANUARY 31, THEN
\$30 UNTIL RACE DAY.

NIGHTLIGHTDASH.EVENTBRITE.COM
OR CALL 985.873.4616 TO SIGN
UP TODAY!

Sponsored by

Cardiovascular Institute
OF THE SOUTH 

TGMC
Terrebonne General Medical Center
TGMC.com

A NEW WAY
OF HEALTH