

Paddle Down da Bayou 2018 Information

Sponsored by Terrebonne Advocates for Possibilities

When: Saturday, April 7, 2018 Time: 8 AM

Where: Chauvin, LA, at a privately owned Camp (LLMAP) about .6 mi below Toussant Foret Bridge on Hwy 56, Chauvin, LA on Bayou Petit Caillou, (6090 Hwy 56). End site is .3 mi south of Capital One Bank (5160 Hwy 56)

Paddlers may paddle pirogues, canoes, kayaks, paddleboards or other non-motorized small boats. All paddlers **MUST** wear life jackets.

Cost: \$35 adults 18 and over and \$25 children 8-17 yrs. Ages 7 and under are free with a participating parent (with an option to purchase a t-shirt and meal for \$10 each). This covers the cost of t-shirt, light breakfast, crawfish for lunch, beverages, souvenir miniature hand carved paddle, insurance, and entertainment.

Rental kayaks, both single and doubles are available on a limited basis for \$15 per boat. Must be paid by Pre-registration deadline March 23.

A General Explanation of How the Trip Will Work:

The entire paddle trip is approximately 5 miles. After leaving the launch site, paddlers will have a rest stop at Chauvin Sculpture Garden, and then proceed to the take-out site at a private Terrebonne Parish Government boat launch. Paddlers must then pick up their boats and drive back up the bayou to the Little Caillou Volunteer Fire Department for the post paddle lunch celebration.

Launching:

Paddlers should arrive at the launch site by 7:15 am to pick up t-shirts and registration packets. Only those who pre-register before March 23 are guaranteed a t-shirt of the size ordered (with their name included with other pre-registered paddlers on the back of shirt) upon arrival. Late registrants may not get a t-shirt if supply runs out. Paddlers must leave their boats at the beginning launch site at the privately owned LLMAP Camp. Paddlers must then drive their vehicles to the TPG boat launch before the event and park there. They will be shuttled back by

volunteer drivers using personal vehicles. The last shuttle will leave TPG boat launch by 7: 40.

Amenities:

Breakfast snacks and beverages will be available at the launch site. Bottled water will be provided. A crawfish lunch will be served at the fire station along with music and kid's activities. A volleyball game between the Down da Bayous vs the Up da Bayous will be played after the meal for those interested in participating. Restroom facilities will be available at the start, rest stop, end, and Fire Station.

Non-paddlers are welcomed to participate in all the after-trip activities, and lunches must be purchased by Wednesday, April 4. If supply allows, extra servings may be purchased on site for \$10 for 3 lb serving of crawfish and a beverage.

Miscellaneous Information:

If a paddler wants to exit before the trip is over and has someone to pick them up, they may exit at the Chauvin Sculpture Garden or at his/her own property along the bayou. Crawfish lunches served are approximately 3 lbs. per participant. If a participant desires a second serving, tickets are available for \$10 while supply lasts.

When driving your vehicle down to the end pick-up site, please limit the number of riders to one or two.

What to Bring:

Gloves, cell phone in waterproof container, sunscreen, lip balm, mosquito repellent, snacks, water bottle, rain gear.

Physical Requirements:

Paddling is a very physical activity that requires repeated motions. Prepare your muscles before the trip. Try out your system at least once before the event!

IN CASE OF AN MEDICAL EMERGENCY, CALL 911.

For other non-medical emergencies call Kurt @ 856-5268 or Evey @ 804-5155. For other questions, call or text Lee Lee @ 804-5151 or email @ leeleet@charter.net.

Paddle Down da Bayou T-shirt Order for NON-PADDLERS

- **Note: Those who have pre-registered for the paddle trip will receive a t-shirt. This order is for those who want a t-shirt and are not participants or want an additional t-shirt:**

Name: _____ **Phone** _____

Children Sizes:

Indicate how many in blank: ___ X Small ___ Small ___ Medium
___ Large

Adult Sizes:

Indicate how many in blank: ___ Small ___ Medium ___ Large
___ XL ___ XXL ___ 3XL

Total shirts: _____ X \$15) EACH = \$ _____ total
Write check to TAP (Terrebonne Advocates for Possibilities)
Mail to: LEE LEE Trosclair, 5715 Bayouside Drive, Chauvin,
LA 70344 by March 23!

Paddle Down Da Bayou Extra Meal Ticket or Non-Paddler Meal Ticket

Name _____ **Phone** _____

Number of meals x \$10 = _____ Total
Write check to TAP (Terrebonne Advocates for Possibilities)
Mail to: Lee Lee Trosclair, 5715 Bayouside Drive, Chauvin,
LA 70344 by April4!!!

Paddle Down Da Bayou 2018 Registration Form

Pre-registration ends MARCH 23

*** All paddlers MUST have a life jacket. Paddlers will not be allowed on the water without a life jacket.**

Paddler Information

Name _____ Age _____

Address _____

Phone Number _____ Alternate Phone Number _____

E-mail Address _____

_____ I do NOT want a t-shirt Boat Rental \$15 per boat _____

_____ I want a t-shirt:

T- Shirt Size: Circle One: Adult: S M L XL XXL 3XL Child: XS S M L

Cost : 18 and up- \$ 35 (\$ 30, no t-shirt) _____ Total _____

8-17 - \$ 25 (\$20, no t-shirt) _____ Total _____

7 and younger – free to accompany parent, with t-shirt and meal optional - \$10 each Total _____

Make checks out to TAP (Terrebonne Advocates for Possibilities)
Mail form and check to: Lee Lee Trosclair, 5715 Bayouside Dr., Chauvin ,LA 70344

All pre-registered paddlers will have names listed on back of t-shirt.

RELEASE AND WAIVER FORM

I, _____ (Print full name), hereby release, discharge, indemnify and hold harmless the Terrebonne Advocates for Possibilities organization, its officers, members, directors, employees, insurers, re-insurers and sub-contractors from and against any and all suits, claims, causes of actions, damages, consequential damages, penalties, liability, losses, costs, attorney's fees, and expenses of any kind, whether known or unknown, in any way arising out of or related to the Paddle Down da Bayou 2018 trip on April 7, 2018. I hereby further accept the mode of transportation selected by Terrebonne Advocates for Possibilities to return to the launch site. I understand that I am being asked to waive and hereby waive any and all substantive rights that I may have as a result of personal injuries, property damage, or death that may result from my participation in the April 7, 2018 Paddle Down da Bayou paddling trip.

Signature of Adult Participant _____

Signature of Parent for Minor Participant _____