



Fall Into Good Health



**Thursday,
October 1**
4 p.m. - 6 p.m.



Main Library
151 Library Drive,
Houma



Free

Health Screenings!

- Blood Pressure
- Grip Strength
- Youth Vision Checks
- And More!



Free

Family Activities!

- Arts & Crafts
- Selfie Station
- Create a Treat
- Build a First Aid Kit



Free

Community Resources!

- WIC registration
- Medicaid assistance
- Safety tips
- Mental/Behavioral Health Resources



Good to Know:

- ✓ Event is free and open to the public.
- ✓ No registration required for any services.
- ✓ Health screenings and resources available the entire event.
- ✓ Have questions, call 985.857.3606 or scan QR code for more information.



Collect your
Health Passport
at sign-in, follow
the tasks for a
chance to win a
PRIZE!



LOUISIANA
**DEPARTMENT OF
HEALTH**
Office of Public Health



Terrebonne
Parish
LIBRARY



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